<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>MANS SHARING BOX</td>
<td>£10.00</td>
</tr>
<tr>
<td>Chef Man’s spring rolls, pork and prawn glass spring rolls, prawn sesame fingers and salt and pepper ribs</td>
<td></td>
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<tr>
<td>FROM THE COB</td>
<td></td>
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<tr>
<td>SWEETCORN SOUP (v)</td>
<td>£3.00</td>
</tr>
<tr>
<td>Add chicken</td>
<td>£0.50</td>
</tr>
<tr>
<td>CHAR SIU AND HOT AND SOUR CHICKEN SOUP</td>
<td>£3.50</td>
</tr>
<tr>
<td>Char Siu is braised BBQ Pork</td>
<td></td>
</tr>
<tr>
<td>SALT, PEPPER, SPRING ONION AND CHILLI</td>
<td></td>
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<tr>
<td>4. Calamari (n)</td>
<td>£5.50</td>
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<tr>
<td>5. Prawns (n)</td>
<td>£5.50</td>
</tr>
<tr>
<td>6. Tofu (n) (v)</td>
<td>£4.50</td>
</tr>
<tr>
<td>7. Ribis (n)</td>
<td>£5.00</td>
</tr>
<tr>
<td>8. Chicken (n)</td>
<td>£5.00</td>
</tr>
<tr>
<td>PORK AND PRAWN GLASS SPRING ROLLS (gf)</td>
<td>£5.00</td>
</tr>
<tr>
<td>CHEF MAN’S SPRING ROLLS (v)</td>
<td>£4.00</td>
</tr>
<tr>
<td>MUSHROOM, CORN AND BAMBOO WAR TIP DUMPLINGS (v) (f)</td>
<td>£4.00</td>
</tr>
<tr>
<td>PORK WAR TIP DUMPLINGS (f)</td>
<td>£4.50</td>
</tr>
<tr>
<td>CHICKEN WAR TIP DUMPLINGS (f)</td>
<td>£4.50</td>
</tr>
<tr>
<td>FIRECRACKER KING PRAWNS</td>
<td>£6.00</td>
</tr>
<tr>
<td>HAR GAO (Prawn) (s)</td>
<td>£4.50</td>
</tr>
<tr>
<td>SIU MAI (Pork and Prawn) (s)</td>
<td>£4.50</td>
</tr>
<tr>
<td>MUSHROOM, CORN AND BAMBOO (v) (s)</td>
<td>£4.00</td>
</tr>
<tr>
<td>PRAWN AND SESAME FINGERS</td>
<td>£5.00</td>
</tr>
<tr>
<td>TRIPLE COOKED CHIPS (v)</td>
<td>£2.50</td>
</tr>
<tr>
<td>Add salt and pepper</td>
<td>£0.25</td>
</tr>
<tr>
<td>BROCCOLI, CHILLI AND GARLIC (v)</td>
<td>£3.50</td>
</tr>
<tr>
<td>PAK CHOI (v)</td>
<td>£3.50</td>
</tr>
<tr>
<td>FRIED NOODLES (v)</td>
<td>£3.50</td>
</tr>
<tr>
<td>EGG FRIED RICE (v)</td>
<td>£3.00</td>
</tr>
<tr>
<td>STEAMED RICE (v)</td>
<td>£2.00</td>
</tr>
<tr>
<td>Choice of white or brown rice</td>
<td></td>
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</tbody>
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**Most Liked**

1. PRAWN CRACKERS £1.00
2. SUPERGREEN FRIED RICE (v) £6.00
   - Spring onions, leaf and choi sum
   - white or brown rice
   - Add chicken or beef £1.50
3. GINGER CHICKEN UDON NOODLES £8.00
   - Thicker wheat noodles
4. SINGAPORE FLAT NOODLES (v) £6.00
   - Spicy Vermicelli noodles with peppers, beansprouts and spring onions
   - Add prawns and chicken £1.50
5. MANS MOUNTAIN RICE (n) £8.50
   - A mountain of rice covered in a chicken, vegetable and creamy coconut sauce
6. SWEET AND SOUR CHICKEN £12.00
   - Served with your choice of steamed or egg fried rice
7. AROUND THE WORLD CHICKEN CURRY £8.50
   - A lighter madras and lemongrass based curry

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**Box and Pans**

- Pans are perfect for just you, so much more fun if you share a few.
- Boxes (served with steamed rice) are great as a snack or mix them up with our apps and sides.

1. BLACKBEAN AND PEPPER with chicken, beef or tofu (v)
   - Box £5.00
   - Pan £8.50
2. YELLOW BEAN AND CASHEWS (n)
   - A traditionally sweet bean sauce with chicken, beef or tofu (v)
   - Box £5.00
   - Pan £8.50
3. ROAST DUCK, CHAR SIU, CHOI SUM AND SOY
   - Char Siu is braised BBQ Pork
   - Box £5.00
   - Pan £8.50
4. SALMON FILLET, CHOI SUM AND SOY
   - Box £6.00
   - Pan £11.00
5. On its own £3.50
6. With a scoop of Northern Bloc Ice Cream £5.00

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**Belly Fillers**

1. MANS MOUNTAIN RICE (n) £8.50
2. SWEET AND SOUR CHICKEN £12.00
3. AROUND THE WORLD CHICKEN CURRY £8.50
4. TRIPLE COOKED CHIPS (v) £2.50
5. BROCCOLI, CHILLI AND GARLIC (v) £3.50
6. PAK CHOI (v) £3.50
7. FRIED NOODLES (v) £3.50
8. EGG FRIED RICE (v) £3.00
9. STEAMED RICE (v) £2.00
10. Choice of white or brown rice

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**Belt Loosener**

1. HONG KONG’S FAMOUS EGG WAFFLES
2. On its own £3.50
3. With a scoop of Northern Bloc Ice Cream £5.00

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**Square Salads**

- Add Salmon £2.00
- Duck £2.00
- All served with a pot of our house dressing

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**Check in on Facebook for a Free Scoop of Northern Bloc**
OUR TSING TAO PRIVATE DINING ROOM IS AVAILABLE FOR HIRE. PLEASE ASK.

OPENING HOURS
MONDAY - THURSDAY 12.00 - 14.00 • 17.00 - 23.00
FRIDAY & SATURDAY 12.00 - 00.00 • SUNDAY CLOSED

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DIM SUM AND THEN SOME
MANS DIM SUM MANIA EVERY MONDAY

A FULL BELLY CONQUERS ALL
MANS CHALLENGE EVERY TUESDAY

ONE BOX CAN征服一切

BOX AND BEER FOR £6
EVERY WEDNESDAY
CHOOSE ANY BOX FROM THE MANS MENU AND ENJOY WITH A BOTTLE OF TSING TAO OR GLASS OF HOUSE WINE ALL FOR £6.

RUSH HOUR
2 FOR 1 ON SELECTED WINES, BEERS, COCKTAILS AND SPIRITS.
MONDAY - FRIDAY 17.00 - 19.00
SATURDAY 12.00 - 17.00

RECOMMENDED BY THE SUNDAY TIMES