

DIM SUMS TO TOUCH THE HEART

點心觸摸心臟

Terrific starters, snacks or as part of your Mans sharing extravaganza

1. **MANS SHARING BOX** £10.00
Chef Man's spring rolls, pork and prawn glass spring rolls, prawn sesame fingers and salt and pepper ribs
2. **FROM THE COB**
SWEETCORN SOUP (v) £3.00
Add chicken £0.50
3. **CHAR SIU AND HOT AND SOUR CHICKEN SOUP** £3.00
Char Siu is braised BBQ Pork
- SALT, PEPPER, SPRING ONION AND CHILLI**
4. Calamari (n) £5.50
5. Prawns (n) £5.50
6. Tofu (n) (v) £4.50
7. Ribs (n) £5.00
8. Chicken (n) £5.00
9. **PORK AND PRAWN GLASS SPRING ROLLS (gf)** £4.50
10. **CRISPY AROMATIC DUCK ROLLS, DUCK SAUCE AND CUCUMBER** £5.50
11. **CHEF MAN'S SPRING ROLLS (v)** £4.00
12. **MUSHROOM, CORN AND BAMBOO WAR TIP DUMPLINGS (v) (f)** £4.50
13. **PORK WAR TIP DUMPLINGS (f)** £5.00
14. **CHICKEN WAR TIP DUMPLINGS (f)** £5.00
15. **FIRECRACKER KING PRAWNS** £6.00
16. **HAR GAO (Prawn) (s)** £4.00
17. **SIU MAI (Pork and Prawn) (s)** £4.00
18. **MUSHROOM, CORN AND BAMBOO (v) (s)** £3.75
19. **PRAWN AND SESAME FINGERS** £5.00

PRAWN CRACKERS

£0.75

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MARKET

MOST LIKED

最喜歡的

Taste as good as they look, so why would you share

20. **MANS MOUNTAIN RICE (n)** £8.00
A mountain of rice covered in a chicken, vegetable and creamy coconut sauce
21. **SWEET AND SOUR CHICKEN** £11.00
Served with your choice of steamed or egg fried rice
22. **AROUND THE WORLD CHICKEN CURRY** £8.00
A lighter madras and lemongrass based curry

BOX AND PANS

箱子和平底鍋

Pans are perfect for just you, so much more fun if you share a few
Boxes (served with steamed rice) are great as a snack or mix them up with our apps and sides

23. **BLACKBEAN AND PEPPER**
with chicken, beef or tofu (v)
Box £8.50
Pan £5.00
24. **YELLOW BEAN AND CASHEWS (n)**
A traditionally sweet bean sauce with chicken, beef or tofu (v)
Box £8.50
Pan £5.00
25. **ROAST DUCK, CHAR SIU, CHOI SUM AND SOY**
Char Siu is braised BBQ Pork
Box £8.50
Pan £5.00
26. **SALMON FILLET, CHOI SUM AND SOY**
Box £11.00
Pan £6.00

BELLY FILLERS

腹部填充物

27. **SUPERGREEN FRIED RICE (v)** £6.00
Spring onions, leaf and choi sum with white or brown rice
Add chicken or beef £1.50
28. **GINGER CHICKEN UDON NOODLES** £7.50
Thicker wheat noodles
29. **SINGAPORE FLAT NOODLES (v)** £6.00
Spicy Vermicelli noodles with peppers, beansprouts and spring onions
Add prawns and chicken £1.50

SQUARE SALADS

方形沙拉

£4.00

30. A light lunch or mix them up with our boxes, apps and sides. Base of leaves, corn, edamame beans, cucumber with sesame seeds and crunchy red cabbage
 - ADD**
 - Salmon £2.00
 - Duck £2.00
- All served with a pot of our house dressing

BIT ON THE SIDE

位在一邊

31. **TRIPLE COOKED CHIPS (v)** £2.50
Add salt and pepper £0.25
32. **BROCCOLI, CHILLI AND GARLIC (v)** £3.50
33. **PAK CHOI (v)** £3.50
34. **FRIED NOODLES (v)** £3.50
35. **EGG FRIED RICE (v)** £3.00
36. **STEAMED RICE (v)** £2.00
Choice of white or brown rice



HONG KONG'S
FAMOUS
EGG WAFFLES

37. On it's own £3.50
38. With a scoop of Northern Bloc Ice Cream £5.00



CHECK IN ON FACEBOOK
FOR A FREE SCOOP OF
NORTHERN BLOC

OUR TSING TAO
PRIVATE DINING ROOM
IS AVAILABLE FOR HIRE.
PLEASE ASK



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MARKET

RECOMMENDED BY
THE SUNDAY TIMES



点心然后一些

DIM SUM
AND THEN SOME

TASTY



MANS DIM SUM MANIA
EVERY MONDAY

一个满肚子征服一切

A FULL BELLY
CONQUERS ALL

MANS CHALLENGE
EVERY TUESDAY

BOX CLEVER!

BOX AND BEER FOR £6
EVERY WEDNESDAY

CHOOSE ANY BOX FROM THE MANS MENU
AND ENJOY WITH A BOTTLE OF TSING TAO
OR GLASS OF HOUSE WINE. ALL FOR £6.

RUSH HOUR

**241 ON SELECTED WINES, BEERS,
COCKTAILS AND SPIRITS.**

MONDAY - FRIDAY
17.00 - 19.00

SATURDAY
12.00 - 17.00

OPENING HOURS

MONDAY - THURSDAY 12.00 - 14.00 • 17.00 - 23.00

FRIDAY & SATURDAY 12.00 - 00.00 • SUNDAY CLOSED

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