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MARKET



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GLUTEN FREE MENU



APPETISERS

- 101 PRAWN CRACKERS** £2.75
Served with a Sweet & Sour Sauce
- 102 EDAMAME BEANS (VE)** £2.95
Steamed Edamame Beans topped with Chilli, Salt & Spring Onions
- 103 LOTUS CRISPS (VE)** £3.75
Bowl of posh Chinese Crisps topped with Coriander & Chilli

DIM SUM

- 104 SWEETCORN SOUP** £4.95
Add Chicken +£1.50

SALT & PEPPER DISHES 🌶️

All served with Szechuan Mayo

- 105 Tofu (VE) £7.50
- 106 King Prawns £8.75
- 107 SALT & PEPPER CHICKEN WINGS 🌶️** £7.50

SHARING PAN

- 108 SWEET & SOUR CHICKEN** £13.00
Steamed Chicken tossed in a Sweet & Sour Sauce
- 109 BLACKBEAN & PEPPER** £13.00
Modern take on the takeaway classic with a choice of either Chicken / Beef / Tofu
- 110 GINGER & SPRING ONION** £13.00
Crunchy Veg in a Classic Sauce
Served with either Chicken / Beef / Tofu
- 111 KING PRAWN KUNG PAO 🌶️🌶️** £13.50
King Prawns, coated in a Spicy Chilli Glaze, with Mixed Vegetables & Peanuts

BELLY FILLERS

- 112 MANS EGG FRIED RICE** £9.00
Large Fried Rice portion with Chinese Greens, Spring Onion, Sesame & Gluten Free Soy Sauce
Add Chicken / Tofu / Prawn / Beef +£2.75
Make Special +£3.25
- 113 CHINESE FLAT NOODLES** £10.00
Chow Mein style Flat Noodles served with Spring Onions, Onion, Beansprouts and Gluten Free Soy Sauce
Add Chicken / Tofu / Prawn / Beef +£2.75
Make Special +£3.25

SIDES

- 114 EGG FRIED RICE** £4.50
White or Brown
- 115 STEAMED RICE** £4.00
White or Brown
- 116 CHIPS (VE)** £3.85
Add Salt & Pepper +£1.25
- 117 BROCCOLI CHILLI & GARLIC (VE)** £5.00
Steamed Broccoli in a Spicy Gluten Free Soy Broth
- 118 GARLIC CHINESE GREENS (VE)** £5.00
A mixture of Chinese Greens & Spring Onions in a Garlic & Vegetable Sauce
- 119 JUG OF SWEET & SOUR SAUCE (VE)** £2.95
- 120 S&P TOFU LOADED CHIPS** £8.00
Served with Szechuan Mayo
- 121 SZECHUAN LOADED CHIPS** £6.75
Served with Spicy Ketchup, Pickled Vegetables & Szechuan Mayo

DESSERT

- 122 CHOCOLATE BROWNIE (CAN BE VE)** £5.00
Ask for today's **Brown & Blond** Brownie of the day
Served with Vanilla Ice Cream and Miso Caramel

