MANS MARKET

VEGAN MENU

NIBBLES & MUNCHIES

LET THE GRAZING BEGIN!

2 **EDAMAME BEANS** £4.50
Coated with Chilli Salt.

3 **CRISPY MOCK SEAWEED** £4.25
Drizzled with Chilli Oil & Sesame Seeds.

SOUP-A-LICIOUS

YOUR FAVES WITH A MANS TWIST

5 **SWEETCORN SOUP** £5.95
Steamy Broth with Sweetcorn. Light but Packed with Flavour. Topped off with a splash of Sesame Oil & Spring Onion.
Add Tofu +£1.95

6 **HOT & SOUR SOUP** £5.95
Bold, tangy Broth with a kick of Chilli & Vinegar. A perfect balance of heat & zing. Finished with a drizzle of Sesame Oil & Spring Onion.
Add Tofu +£1.95

IT'S A SHARING TING

DIM SUM-BODY SAY SHARING PLATTER? #SHARINGISCARING (SERVES 2-3)
*DIM SUM SELECTION IS SUBJECT TO CHANGE

9 **VEGAN DIM SUM** £20.95
Spring Rolls | Panko Tofu | Firecracker Cauli Wings | Crispy Fried Gyozas | Salt & Pepper Tofu. All served with Sweet & Sour, Chilli Jam & Curry Sauce.

CHINESE TAPAS

PERFECT AS A STARTER OR SMALL PLATES TO SHARE

12 **SALT & PEPPER TOFU** £8.50
Served with Bang Bang Mayo

14 **SPRING ROLLS** £7.50
Oriental mix of fresh seasonal Vegetables, Wrapped in a crispy Filo Pastry. Served with a Sweet & Sour Dipping Sauce.

18 **VEGETABLE GYOZAS** £9.75
Steamed Dumplings, on a bed of Asian Slaw, served with Soy Glaze & Chilli Oil Dipping Sauces.

20 **BANG BANG PANKO TOFU** £8.75
Crispy coated Tofu, drizzled with our Bang Bang Mayo, Candied Chillies & Spring Onion.

22 **FIRECRACKER CAULI WINGS** £8.50
Tempura Cauliflower, tossed in our Spicy Ketchup, with Fresh Chillies, Chives & Toasted Sesame Seeds.

MANS MAINS

GO ALL IN OR GREAT TO SHARE

31 **SWEET & SOUR TOFU** £16.50
Everyones favourite with a modern twist.

34 **KUNG PAO TOFU** (N) £16.95
Mixed Vegetables, coated in a Spicy Chilli glaze with Peanuts.

35 **BLACKBEAN & PEPPER TOFU** £16.50
This one is a classic! Red Onion & Mixed Peppers in our Black Bean Sauce with a spicy zing! Full of flavour, proper tasty!

37 **MONGOLIAN TOFU** £16.95
Mixed Vegetables, Spring Onion, Mushrooms and our Stir Fry Sauce.

39 **TYPHOON SALT & PEPPER TOFU** £17.50
A Hong Kong typhoon shelter dish with a Mans Market twist! Stir-fried Vegetables & Chillies, tossed in our Salt & Pepper Seasoning with Garlic & Crispy Golden Breadcrumbs.

40 **CHINESE CURRY TOFU** £16.50
Traditional style Chinese Curry with a mild kick!

NOODS & GRAINS

SOLO FEAST OR TASTY EXTRA TO SHARE. LIVE YOUR BEST LIFE!

42 **MANS FRIED RICE** £12.95
Our take on the classic Fried Rice dish with Onions, Chinese Greens & our Stir-Fry Sauce.
Add Tofu +£3.75

43 **CHOW MEIN** £13.95
Everyone's favourite! Traditional Noodle dish, with Carrots, Sesame, Onions, Soy Broth, Chinese Greens, & Beansprouts.
Add Tofu +£3.75

45 **SINGAPORE NOODLES** £13.95
Flat Noodles, tossed in our spicy seasoning, with Sliced Peppers, Red Onion & Beansprouts, finished with Fried Garlic and toasted Sesame Seeds.
Add Tofu (VE) +£3.75

46 **YAKISOBA TOFU NOODLES** £16.50
Soft noodles, tossed with Mixed Vegetables, Chillies, Soy Broth & Lemon Juice. Topped with Pickled Ginger, Crispy Seaweed & Toasted Sesame Seeds.

47 **BLACK TRUFFLE & MUSHROOM RICE** £13.95
The taste of luxury fusion. Our Oriental Rice, tossed with Field Mushrooms, Red Onion, Black Truffle, Garlic & Stir-fry Sauce.

BAO DOWN

TWO FLUFFY BUNS OF PURE HEAVEN

28 **PANKO TOFU** £13.50
Panko Tofu, Pickled Red Cabbage, Carrot, Spring Onion, Crispy Onion & Chilli Jam.

SUPPORT ACTS

COMPLETE YOUR MEAL A SIDE (OR 3)

49 **STEAMED RICE** £4.75
with Fresh Spring Onion

50 **SINGAPORE RICE** £5.25
Steamed Rice with our Spicy Seasoning, Spring Onion & toasted Sesame Seeds.

51 **STIR-FRIED NOODLES** £6.95
with Onion, Carrot & Beansprouts

52 **CHIPS** £4.25

53 **SALT & PEPPER CHIPS** £5.95

54 **BROCCOLI, CHILLI & GARLIC** £5.95
Glazed in a Soy Broth

55 **GARLIC CHINESE GREENS** £5.95

56 **JUG OF SAUCE** £3.75
SWEET & SOUR | CHINESE CURRY | SOY BROTH

57 **DIPPING SAUCE** £1.25
BANG BANG MAYO | HOISIN | | CHILLI OIL | SOY GARLIC MAYO | FIRECRACKER | TERIYAKI

CHOPSTICK CHIPS

LOADED CHIPS MANS MARKET STYLE

60 **FIERY TOFU DRAGON** £9.50
Smothered in our Firecracker Sauce, Pickled Cabbage, Fresh Chillies & Sesame Seeds.

SPICE BAGS

THE SALT & PEPPER PHENOMENON WITH AN ASIAN TWIST

Wok-tossed chips, onions, chillies, garlic & our secret Chinese seasoning, with a pot of curry sauce

64. **TOFU** £10.95

(N) - Nuts

Please note: Our dishes may contain traces of nuts, soy, sesame, meat, and gluten unless otherwise requested. Please advise your server that ordering from the VEGAN MENU.

Tip Jar..A discretionary service charge of 10% is added to all tables, this goes directly to the team. For tables of 10+ guests, a compulsory service charge applies.